



Parenting 2.0 *Plus+*

Day 1: Parenting 2.0

Parenting 2.0 has evolved from getting children to comply and behave. We now know that when we focus on parenting from the inside out and grow the brains of children, we create the path for children to develop loving relationships, optimal health, and success in endeavours that are meaningful to them ... and they will behave.

We accomplish this by meeting their primary attachment needs – when their hearts are safe, their brains will grow. We understand that as parents we will lead them firmly and kindly. We will provide for them so they can lean into us. We know that when we meet their dependence needs, we solicit their good intentions ... and they will behave.

We realize that most of us do not “behave” in the way we’d like to as parents all of the time. We realize there is something missing between our intentions and actions. We tell ourselves that we will try to do better next time, and then before we know it, we’re caught up in the same old pattern.



Real-life couple Dr Vanessa Lapointe, R. Psych. and David Loyst, MSc have over 50 years of combined experience as professionals and parents. Hear what science and their experiences have taught them to create a revolutionary approach to parenting. Hear their stories of success and failure and what that has taught them about raising resilient children.

Come join us for an interactive learning experience to understand the needs of your child, and to reflect on your parenting and the challenges you face. Leave with tools so that you can begin the journey to becoming the parent you’ve always wanted to be.